

Maddie's

Morning Routine

TASK	Wake Up	Brush Teeth & comb hair	Get dressed with the clothes we laid out	Eat healthy breakfast
TIME	Awake by 7:00am	Done by 7:10 am	Done by 7:20 am	Done by 7:40 am
FRI				
THURS				
WED				
TUES				
MON				



Each day that I have **3 stars**, I get to pick one of the following:

1. Call a friend on the phone.
2. Ride my bike.
3. Play a game of my choice with Mom or Dad.



Each day that I have **4 stars**, I get to pick two from this list or the 3-star list.

1. Go to bed 15 minutes later.
2. Use the computer for 30 minutes.
3. Watch TV for 30 minutes.

Morning Routine

TASK				
TIME				
FRI				
THURS				
WED				
TUES				
MON				



Each day that I have **3 stars**, I get to pick one of the following:

1. _____

2. _____

3. _____



Each day that I have **4 stars**, I get to pick two from this list or the 3-star list.

1. _____

2. _____

3. _____
