

Mini-Date Conversation Starters

- Would it be a good idea if we planned for these little one-on-one mini-dates several times throughout the year?
- What are some ideas for things we could do?
 - How often should we do these mini-dates?
 - Is this a good way for us to keep talking?
 - Do you have other ideas?
 - What are other ways we can keep up good communication on regular days?
- Could we do something at dinner, breakfast or bedtime to check in each day?
 - Perhaps we go for a walk each night after dinner?
 - Do you have other ideas?
 - Let's put our mini-dates on the calendar right now.