



800-448-3000

Boys Town National Hotline®

A crisis, resource and referral number for KIDS and PARENTS.

24 hours a day, 7 days a week



The Boys Town National Hotline is for kids, teens and parents who **need help.**

Depression

Suicidal thoughts

Self-harm

Parenting problems

Relationship issues

Stress and anxiety

Physical, sexual or emotional abuse

Anger problems

School problems, bullying, peer pressure

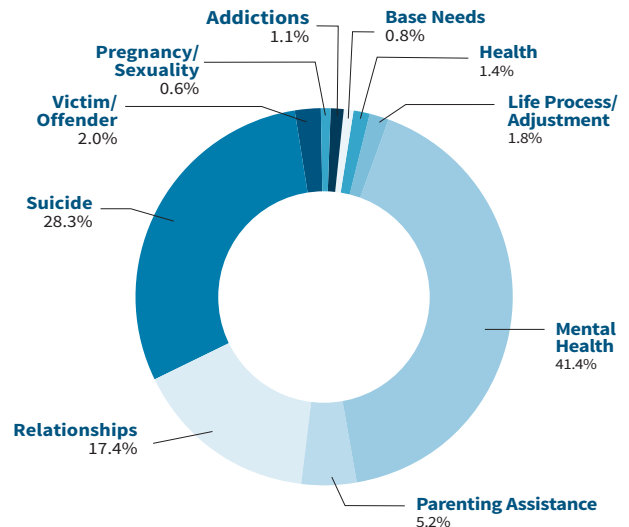
Chemical dependency

The Hotline is here for you.

- > Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered nearly 103,566 calls last year.
- > Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- > The hearing-impaired can communicate with counselors by emailing **hotline@boystown.org**.
- > Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 25,000 human service agencies.
- > Parents can get advice and tips for raising their children at **boystown.org/parenting** and by emailing their parenting questions to **hotline@boystown.org**.
- > Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline's website, **YourLifeYourVoice.org**. The Hotline responded to more than 20,702 web-based contacts in 2021.
- > Last year, the National Hotline helped prevent 507 suicides.

2021 CONTACTS BY PRESENTING PROBLEMS (all ages)

85,376 contacts where presenting problem was identified. General information contacts not included.



Learn more about the Hotline at boystown.org/hotline

Send questions or concerns to hotline@boystown.org

Find parenting advice and tips at boystown.org/parenting

Teens can reach out at yourlifeyourvoice.org

2021 BOYS TOWN NATIONAL HOTLINE KEY IMPACT NUMBERS



35%
of all contacts are
AGE 23 AND
UNDER

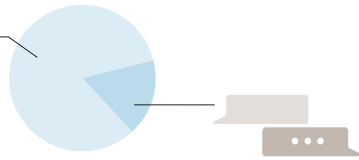
124,327

TOTAL HOTLINE CONTACTS
(calls answered, web contacts, and 59 outreaches)

CALLS ANSWERED



103,566



WEB CONTACTS
(chats, emails and texts)

20,702

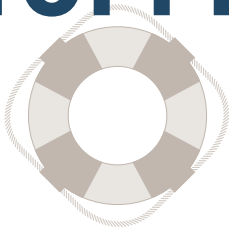
12:58



AVERAGE HANDLED TIME

BOYS TOWN NATIONAL HOTLINE
CRISIS COUNSELORS

STOPPED 507 SUICIDES



in progress /
intervention
required

19,060



SUICIDE IDEATION CONTACTS



508,138

YOUR Life YOUR Voice.org

WEB HITS

TOP 5

REASONS FOR YOUNG
PEOPLE CONTACTS
(23 AND UNDER)



- 25% **Suicide Ideation**
- 19% **Anxiety**
- 7% **Depression**
- 6% **Relationships/
Significant Other**
- 6% **Parent/Child
Relationship**

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE



12,008

CONTACTS



443

REPORTS
RECEIVED
(calls, mobile app, website)