The Boys Town National Hotline is for kids, teens and parents who need help.

- Depression
- Suicidal thoughts
- Self-harm
- Parenting problems
- Relationship issues
- Stress and anxiety
- Physical, sexual or emotional abuse
- Anger problems
- School problems, bullying, peer pressure
- Chemical dependency

The Hotline is here for you.

- Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered 101,824 calls last year.
- Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- The hearing-impaired can communicate with counselors by emailing hotline@boystown.org.
- Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 25,000 human service agencies.
- Parents can get advice and tips for raising their children at boystown.org/parenting and by emailing their parenting questions to hotline@boystown.org.
- Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline’s website, YourLifeYourVoice.org. The Hotline responded to 15,543 web-based contacts in 2022.
- Last year, the National Hotline helped prevent 465 suicides.

2022 CONTACTS BY PRESENTING PROBLEMS (all ages)

91,991 contacts where presenting problem was identified. General information contacts not included.
2022 BOYS TOWN NATIONAL HOTLINE
KEY IMPACT NUMBERS

128,335
TOTAL HOTLINE CONTACTS
(calls answered, web contacts, and 97 outreaches)

31%
of all contacts are
AGE 23 AND
UNDER

101,824
CALLS ANSWERED

24,154
HOURS COUNSELORS SPOKE
WITH CALLERS

15,543
WEB CONTACTS
(chats, emails and texts)

490,529
YOUR Life YOUR Voice.org
WEB HITS

465
SUICIDES
in progress / intervention required

40,431
CONTACTS

16,382
SUICIDE IDEATION CONTACTS

10,093
CONTACTS

798 REPORTS RECEIVED
(calls, mobile app, website)

24%
Suicide Ideation

21%
Anxiety

7%
Depression

8%
Relationship Problems

5%
Friendships

BOYS TOWN NATIONAL HOTLINE
CRISIS COUNSELORS
STOPPED

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE

WEB HITS

TOP 5
REASONS FOR YOUNG PEOPLE CONTACTS
(23 AND UNDER)