The Boys Town National Hotline is for kids, teens and parents who need help.

Depression
Suicidal thoughts
Self-harm
Parenting problems
Relationship issues
Stress and anxiety
Physical, sexual or emotional abuse
Anger problems
School problems, bullying, peer pressure
Chemical dependency

The Hotline is here for you.

> Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered 101,824 calls last year.
> Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
> The hearing-impaired can communicate with counselors by emailing hotline@boystown.org.
> Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 25,000 human service agencies.
> Parents can get advice and tips for raising their children at boystown.org/parenting and by emailing their parenting questions to hotline@boystown.org.
> Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline’s website, YourLifeYourVoice.org. The Hotline responded to 15,543 web-based contacts in 2022.
> Last year, the National Hotline helped prevent 465 suicides.

2022 CONTACTS BY PRESENTING PROBLEMS (all ages)

- Suicide 24.2%
- Relationships 16.7%
- Parenting Assistance 6.5%
- Mental Health 41.4%
- Life Process/Adjustment 2.4%
- Health 2.1%
- Addictions 1.3%
- Base Needs 3.0%
- Pregnancy/Sexuality 0.5%
- Victim/Offender 1.7%

91,991 contacts where presenting problem was identified. General information contacts not included.
2022 BOYS TOWN NATIONAL HOTLINE
KEY IMPACT NUMBERS

TOTAL HOTLINE CONTACTS
128,335
(calls answered, web contacts, and 97 outreaches)

CALLS ANSWERED
101,824

WEB CONTACTS
15,543
(chats, emails and texts)

HOURS COUNSELORS SPOKE WITH CALLERS
24,154

WEB HITS
490,529

TOP 5 REASONS FOR YOUNG PEOPLE CONTACTS
(23 AND UNDER)

24% Suicide Ideation
21% Anxiety
7% Depression
8% Relationship Problems
5% Friendships

BOYS TOWN NATIONAL HOTLINE
CRISIS COUNSELORS

STOPPED 465 SUICIDES in progress / intervention required

16,382 SUICIDE IDEATION CONTACTS

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE

SAFE 2 HELP NEBRASKA
798 REPORTS RECEIVED
(calls, mobile app, website)

988 LIFELINE CONTACTS
40,431

WEB Rash 2 Help NEBRASKA
798 REPORTS RECEIVED
(calls, mobile app, website)