



800-448-3000

Boys Town National Hotline®

A crisis, resource and referral number for KIDS and PARENTS.

24 hours a day, 7 days a week



The Boys Town National Hotline is for kids, teens and parents who **need help.**

Depression

Suicidal thoughts

Self-harm

Parenting problems

Relationship issues

Stress and anxiety

Physical, sexual or emotional abuse

Anger problems

School problems, bullying, peer pressure

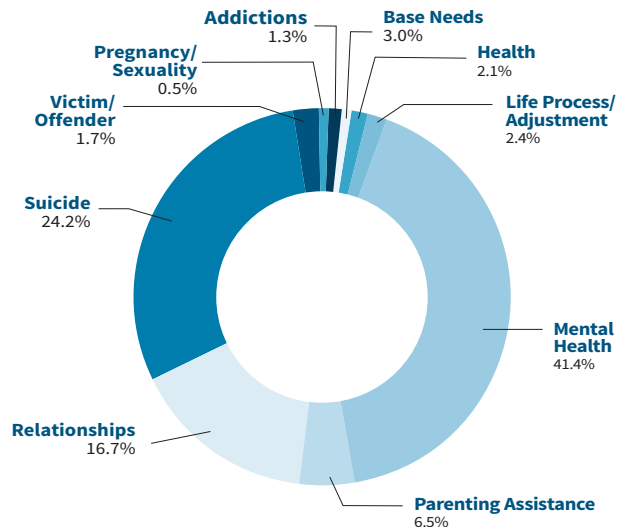
Chemical dependency

The Hotline is here for you.

- > Call toll-free from all 50 states, the District of Columbia, the U.S. Territories and Canada. The Hotline answered 101,824 calls last year.
- > Spanish-speaking counselors as well as access to interpretation services for more than a hundred other languages are available 24 hours a day.
- > The hearing-impaired can communicate with counselors by emailing **hotline@boystown.org**.
- > Hotline counselors can make referrals to services in your local area because the Hotline database contains up-to-date information on more than 25,000 human service agencies.
- > Parents can get advice and tips for raising their children at **boystown.org/parenting** and by emailing their parenting questions to **hotline@boystown.org**.
- > Kids and teens can find information to help with the daily challenges they face and get support from trained counselors (via call, text or email) on the Hotline's website, **YourLifeYourVoice.org**. The Hotline responded to 15,543 web-based contacts in 2022.
- > Last year, the National Hotline helped prevent 465 suicides.

2022 CONTACTS BY PRESENTING PROBLEMS (all ages)

91,991 contacts where presenting problem was identified. General information contacts not included.



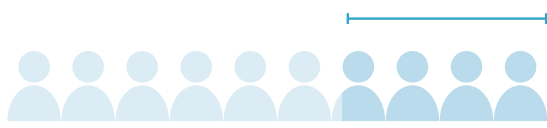
Learn more about the Hotline at **boystown.org/hotline**

Send questions or concerns to **hotline@boystown.org**

Find parenting advice and tips at **boystown.org/parenting**

Teens can reach out at **yourlifeyourvoice.org**

2022 BOYS TOWN NATIONAL HOTLINE KEY IMPACT NUMBERS



31%
of all contacts are
AGE 23 AND
UNDER

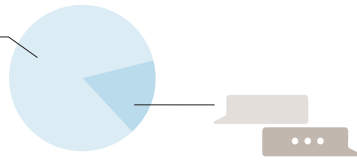
128,335

TOTAL HOTLINE CONTACTS
(calls answered, web contacts, and 97 outreaches)

CALLS ANSWERED



101,824



WEB CONTACTS
(chats, emails and texts)

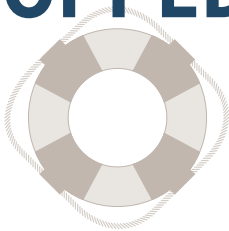
15,543

24,154

HOURS COUNSELORS SPOKE
WITH CALLERS

BOYS TOWN NATIONAL HOTLINE
CRISIS COUNSELORS

STOPPED



465

SUICIDES

in progress /
intervention
required

16,382

SUICIDE IDEATION CONTACTS



490,529

YOUR Life YOUR Voice.org

WEB HITS

TOP 5

REASONS FOR YOUNG
PEOPLE CONTACTS
(23 AND UNDER)



24% **Suicide Ideation**

21% **Anxiety**

7% **Depression**

8% **Relationship
Problems**

5% **Friendships**

ALSO PROVIDED BY THE BOYS TOWN NATIONAL HOTLINE



10,093
CONTACTS



798 REPORTS
RECEIVED
(calls, mobile app, website)



40,431
CONTACTS