

Social Skills

Making an Apology

1. Look at the person.
2. Use a serious, sincere voice tone, but don't pout.
3. Begin by saying, "I wanted to apologize for . . ." or "I'm sorry for . . ."
4. Do not make excuses or try to rationalize your behavior.
5. Sincerely say that you will try not to repeat the same behavior in the future.
6. Offer to compensate or pay restitution.
7. Thank the other person for listening.

DADDY, I'M REALLY SORRY I BROKE YOUR FAVORITE MUG. I SHOULDN'T HAVE BEEN THROWING THE BALL IN THE HOUSE.

I'LL JUST THROW MY BALL OUTSIDE FROM NOW ON. MAYBE I CAN DO SOME CHORES TO MAKE MONEY AND BUY YOU A NEW MUG.

THANK YOU FOR APOLOGIZING, REESE.

