

## Other Resources

Besides Primary Project, Boys Town offers a number of other helpful resources that can benefit both parents and children:

- » Our **Behavioral Health Clinic** offers a variety of specialized, research-based services to help children and their families find solutions to difficult challenges such as depression, anxiety, school problems and ADHD.
- » **Common Sense Parenting®** is a practical, skill-based program that teaches parents easy-to-learn techniques to help them meet today's parenting challenges.
- » **Care Coordination Services** provide a lifeline for children with mental health issues by ensuring they receive the right care at the right time. In this intensive, family-centered program, Boys Town Consultants help parents and caregivers access, navigate and monitor the services their children need.
- » **In-Home Family Services** provides intensive home-based services in Palm Beach and Broward counties, based on referrals that primarily come from the child welfare system.
- » **The Boys Town National Hotline® (800-448-3000)** is a free resource and counseling service staffed by specially trained Boys Town counselors who help youth and parents 24/7, year round.
- » **YourLifeYourVoice.org** is a special website that enables teens to share their issues and concerns in positive ways and provides access to immediate help in a crisis.
- » **Boystown.org/Parenting** is an invaluable free online resource that provides practical, easy-to-use materials and information for parents and caregivers of children of all ages.
- » The **Boys Town Press®** produces books, audio products, DVDs, and other resources to assist children, parents, caregivers, educators and other professionals.



1655 Palm Beach Lakes Boulevard, Suite 300  
West Palm Beach, Florida 33401

**PHONE: 561-612-6000 | FAX: 561-612-6096**  
[boystown.org/south-florida](http://boystown.org/south-florida)

Boys Town follows a policy of non-discrimination in accordance with the law.

1807-132-026

BOYS TOWN SOUTH FLORIDA

# Primary Project



A School-Based Prevention Program  
that Promotes **Success** through  
**Structured Play**





*Primary Project is a highly successful, award-winning prevention program offered to young students in a dozen Palm Beach County elementary schools.*

## Primary Project

Designed specifically for younger elementary school children, **Primary Project** uses individual play time to improve students' adjustment to school and enhance their social and emotional well-being. More than 600 local children participate in Primary Project each year. Its goals for students include:

- » *Increasing healthy self-expression*
- » *Developing independent thinking*
- » *Increasing attention and focus*
- » *Improving friendship skills*
- » *Gaining self-confidence*
- » *Improving decision-making skills*
- » *Developing social skills*
- » *Increasing participation in class*

The free program is provided at the following elementary schools:

- » **Barton**
- » **Freedom Shores**
- » **Greenacres**
- » **J.C. Mitchell**
- » **Lantana**
- » **Seminole Trails**
- » **Egret Lake**
- » **Golden Grove**
- » **Highland**
- » **Jupiter**
- » **Pine Grove**
- » **South Olive**

In **Primary Project**, trained Child Associates provide one-to-one play sessions where your child can feel safe, comfortable and in control. Because children often express themselves better through play than through words, these sessions help children learn the benefits of:

- » *Taking turns*
- » *Following rules*
- » *Staying on task*
- » *Winning and losing graciously*
- » *Handling frustrations appropriately*

Child Associates work with school staff to identify children who would benefit from the program. When parents choose to enroll their children in the program, the children meet with a Child Associate for about 40 minutes once a week for 12 sessions, working on their learning skills and other related competencies.

**Primary Project** was developed by the Children's Institute ([childrensinstitute.net](http://childrensinstitute.net)) and is used in more than 2,000 schools nationwide.

For more information about how your family can benefit from Primary Project, please contact us or speak with your child's teacher.

Call **561-612-6000** or visit **[boystown.org/south-florida](http://boystown.org/south-florida)**.

A program of



*Children's Services Council of Palm Beach County, a special district created by Palm Beach County voters, provides leadership, funding and research on behalf of the county's children so they grow up healthy, safe and strong.*